## Youth Helping Youth 5th Annual Pælar Plunge <sub>RF1</sub>

## **REGISTRATION FORM**

To provide a scholarship to graduating YHY seniors

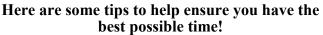
## By participating in this event, you will...

- Help support Youth Helping Youth's scholarship for graduating members!
- Be a part of a community event filled with laughs, good fun, and lasting memories!
- Possibly be checking a goal off of your bucket or to-do list!
- Have the opportunity to receive a t-shirt and warm snacks!
- Receive that great feeling of freezin' for a truly worthy cause!



## Team Competition

The team with the most participants will win a mystery prize!!



- Bring a robe for before and after jumping in
- Keep your feet covered until the last moment
- Bring a blanket/towel to stand on... Cold Sand!
- Wear layers that are easy to take off after
- Use the buddy system... It's more fun and safe!
- No diving! No going in head first!
- Bring dry clothes to change into

You can find additional registration forms and waivers online at www.ehyfs.org

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**Registration is DUE by Friday, March 11, 2016 with the recommended donation of \$10.** If you donate \$20, please be sure to fill in the necessary information for sizes and include the total \$20. PLEASE PRINT CLEARLY.

Polar Plunger Name:			Birthdate:
E-mail:			
Street Address			
City	_State	Zip	Phone ()
Team Name (optional):			
<b>Event T-shirt Size</b> (\$20 donation) <b>Adult</b> S	M L	XL XXL	
I have enclosed \$	for the Youth Helping Youth Polar Plunge		
Check Enclosed (payable to NHRHS)			
Emergency Contact:		Pho	ne #:
Return the completed forms to the NE	IRHS Ma	in Office fo	der marked "Polar Plunge" or mail to
East Haddam Youth and Family Service	s, P.O. Bo	ox 572, Moo	dus, CT, 06469. Make sure all forms and

money are together.