

EAST HADDAM



Who We Are

East Haddam Youth and Family Services is a private, non-profit agency started by a small group of high school students and adults working together to provide services for young people in our community. That history of building partnerships continues to be the foundation for the work we do today. **EHYFS** works collaboratively with our town government, school system, local and state police, civic and faith organizations, parent groups, youth and adults and several regional and state agencies.

The **East Haddam Local Prevention Council** is an alliance of individuals and groups, where all members agree to work together to allow our youth to be strong, safe and substance free.



East Haddam
Youth & Family Services, Inc.
ehyfs.org



East Haddam
Local Prevention Council
ehlpc.org

Parents Helping Youth

Be Your Best Self is a parent-led initiative. It is a message that is intended for every youth and adult in East Haddam and for our community as a whole.

It asks us to:

- Be role models for our youth
- Be aware of the messages our youth is getting from us
- Stay connected and involved

Youth Helping Youth

We are a group dedicated to encouraging all East Haddam youth to make healthy life choices by being positive role models and providing opportunities for youth to connect with each other and their community.

Activities and events include:

- Polar Plunge Fundraiser
- Prevention Projects for Prom and Graduation
- 4th and 5th Grade Socials
- Sticker Shock Programs

For more information, please contact us at youthandfamily@ehyfs.org