



# Connecticut State Department of Education Professional Support Series for Families

Please see below and join as we learn together and grow together.

March 30, 2020

## Social Emotional Support for Students

### *Family Tips: Providing Social and Emotional Support to Children for COVID-19*

Families are the first line of defense in reassuring children during this time of uncertainty. Children will look to family members for support and how to react to stressful events. This webinar will support families in talking with children about their fears and help reduce anxiety through these discussion points: discussing COVID-19 with children and responding to their fears and anxiety; ensuring developmental-appropriate responses and information, especially on safety; recognizing your own anxiety and fears; and focusing on family activities (examples and resources will be available).



**Presenters:** Judy Carson, Family Engagement; Stephanie Knutson, School Nurse; Scott Newgass, Mental Health; Kimberly Traverso, Social Emotional & School Counseling

**Recorded Session Available:** April 2 at [CSDE Professional Support Series for Families](#)

## Supporting Students with Special Needs

### *Resources and Supports for families during the COVID-19 Pandemic*

The CT State Department of Education and the Connecticut Parent Advocacy Center (CPAC) are collaborating to provide guidance and support for families of children and young adults with special needs. During this recorded session, we will share information and resources to support student learning in the home.



**Presenters:** Bryan Klimkiewicz, Special Education Division Director, CSDE; Jane Hampton Smith, CPAC Executive Director

**Recorded Session Available:** April 1 at [CSDE Professional Support Series for Families](#)

## English Learners and Continuation of Education

### *Resources for Learning at Home*

Parents and family members, check out this video to learn about free, online resources that you can use with your children at home during this period of class cancellations. You can use these resources to help your child continue to learn English and home language, develop literacy and math skills, and get them ready for college and careers, while also supporting their socio-emotional needs.

### *Recursos para Aprender en Casa*

Padres y familiares, echa un vistazo a este video para aprender acerca de los recursos gratuitos en línea que puedes usar con tus hijos en casa durante este período de cancelaciones de clase. Usted puede usar estos recursos para ayudar a su hijo a seguir aprendiendo inglés con su idioma hablado en su casa, desarrollar habilidades literarios y matemáticas, prepararlos para la universidad y las carreras, al mismo tiempo que apoya sus necesidades socioemocionales.



**Presenters:** Megan Alubicki-Flick, Education Consultant, CSDE; and Gladys Labas, Director of Equity and Language, CSDE

**Recorded Session Available:** April 5 at [CSDE Professional Support Series for Families](#)

## Early Childhood

Families and early childhood professionals check out the video on what distance learning means for young children. This video will feature a brief discussion with staff from the CT State Department of Education and the CT Office of Early Childhood (OEC) about supporting young learners through distance learning and the importance of play and predictability. Resources for families and early childhood professions will be part of the discussion.



**Presenters:** Andrea Brinnel, Consultant, CSDE; Michelle Levy, Consultant, OEC

**Recorded Session Available:** April 2 at [CSDE Professional Support Series for Families](#)