

Collaborative Problem Solving® (CPS)

6 Week Parent/Caregiver Class!

East Haddam
Tuesday evenings

Instructor:
Divinna Schmitt, M. Ed.
CPS Certified



DATES:

OCT 10, 17, 24
NOV 7, 14, 21

TIME:

6:00 – 8:00 PM

Free! Childcare & Dinner
(Attendance at each session is required)

TO REGISTER, email
DivinnaSchmitt@gmail.com
Or Call/Text (860)-876-0236

*Think:Kids is a program in the Dept. of Psychiatry at Mass. General Hospital**

Learn more at:
www.thinkkids.org

**Class independent of MGH*



- **Develop new understanding of challenging behavior and how to help your child**
- **Learn the Collaborative Problem Solving approach and effective ways to reduce conflict**
- **Rethink conventional approaches to behavioral difficulties and strengthen relationships**
- **Gain support from other parents**

Offered with generous support from



East Haddam
Youth & Family Services, Inc.



Collaborative Problem Solving THINK:KIDS

Kids with challenging behavior are tragically misunderstood and it's time for a more effective and compassionate approach.

Unlike traditional models of discipline, CPS avoids the use of power, control, and motivational procedures. The focus is on collaboration with the child/young adult to solve the problems which lead to challenging behavior. In the CPS process, skills and relationships are built.